



Silver Fox Bushcraft

~ experience the wild side of life ~



Newsletter January 2010

Hi everyone,

Welcome to the first newsletter of 2010 from 'Silver Fox Bushcraft'. I've had a fantastic year with lots of things going on.



Firstly I would like to apologise to everyone who requested a newsletter over the last year. I have been unable to write them as an email but have now decided to write them as a PDF and hope that you are able to view them.

Secondly I would like to thank all of my subscribers and fans for all of your support and encouragement.

I have been in the woods most weekends throughout the year with the occasional night too! Now January is here I will be spending every other weekend at one with nature wild camping and tracking in the woods. There will be more time for making videos and even time for venturing further afield. I am also intending to attend a lot more bush moots this year and meet many more of you in person. So if you have a meet coming up then let me know and let's see if I can get to meet you all.



Latest videos uploaded to YouTube.

My latest videos uploaded to YouTube are about the Bow Drill – Friction Fire Lighting. I do not claim to be an expert in the bow drill but I thought if I demonstrated how to achieve success and outline many of the areas where people fail that we could all learn from it. I have uploaded three videos covering many of the areas where people struggle.

I have also uploaded a description of my wool blanket shirt that many of you have seen in many of my other videos. I have had so many questions about it over the last year that I thought I should make a video of it.

Also uploaded is my take on the Bushcraft chair. This is a really light weight and comfortable answer to bushcraft seating. A friend of mine (19 stone) has also tried this out so I know that this is strong. It's made from a piece of material approximately 3ft x 4ft. It has a loop sewn in the top and bottom seams. I have also included webbing loops at the bottom. This stops the legs splaying out at the front but also helps the front of the chair grip to the



poles allowing more of a dip in the front of the chair. This allows you to get a more comfortable seating position.

Pathfinder Gathering 2010

I will be attending the Pathfinder Gathering 2010 in August as a guest instructor. It is an honour to be invited. The Pathfinder Gathering is run by Dave Canterbury of Wilderness Outfitters home of the Pathfinder School. Dave, who is currently away filming for Discovery TV has also asked me to upload videos to his channel. I will be making some videos exclusively for his channel and others will be uploaded on both. I am excited about this trip and looking forward to meeting many of my American Friends and subscribers.

Programme of Events

I will be working with my friend & colleague, Adrian Boots of 'Walk the Mendips' (pictured right) offering a Wild Food & Bushcraft Weekend. Based on Adrian's popular Wild Food Foray & Woodland Camp Cook-up (or 'Cook in the Woods'), this weekend extends the experience and gives you the opportunity to learn more about wild food, stay on for a woodland camp-out and spend a further day learning more bushcraft and camp craft skills. Adrian and I first ran this event for an organisation in March and have decided to offer it together as an open event so that everyone can participate.



This is a unique opportunity to really take some time out, get close to nature and have a great experience. Call Walk the Mendips now to reserve your place 01761 463356.

Sat 6- Sun 7 Feb - 2 day Introduction to Bushcraft and overnight camp. **Private Booking**

Sat 20 Feb - Wild Food Walk - **Private booking**

Sun 7 Mar: Spring Wild Food Foray & Cook-up

Sun 21 Mar: Spring Wild Food Foray & Cook-up

Thurs 11 March (evening): Arctic Trip Talk **SPECIAL EVENT*** in aid of Survival International

Sun 4 April: Cook in the Woods ~ Fish

Sun 2 May: Family half-day event ~ wild food, camp craft & bushcraft

Sun 1 Aug: Summer Wild Food Foray & Cook-up

Sun 15 Aug: Family half day event ~ wild food, camp craft & bushcraft

Sun 10 Oct: Fungi Foray & Cook-up

Sun 17 Oct: Fungi Foray & Cook-up

Sun 7 Nov: Cook in the Woods ~ Game

Open one-day events £50 per person, children over 12 £25 (must be accompanied by an adult).

Family half day events, 1 adult and 1 child (aged 6 or above) £30, 2 adults & 2 children £50 includes food & refreshments. Younger children may attend private events, by arrangement.

2 day weekend courses with an overnight camp, £100 per person,

SPECIAL EVENT* Donation £5 per person to be collected for Survival International.

Adrian and Sean are available for a limited number of private bookings ideal for friends and family groups, special occasions, corporate bookings, team building events etc, please enquire.

About Me

My ethos is living alongside nature and using natural resources to enjoy the British wilderness. Experience the wild side of life and enjoy being at one with nature. From building your shelter, fire making, and tracking to nature awareness, outdoor safety and looking after the land and leaving no trace of your camp, you will find resources to assist you at www.silverfoxbushcraft.co.uk

Based in the beautiful county of Somerset and utilising the natural resources of the Mendips and Black Down Hills, and the Somerset levels. Somerset has some incredible natural landscape including Cheddar Gorge, Ebbor Gorge, Wookey Hole, and Burrington Coombe.



Picture taken at Ebbor Gorge, Somerset

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